

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S
NORTHAMPTON 5K CROSS-COUNTRY RACE
SERIES

Date 5.1.12
Race # #5
Total 650

At Community Gardens, Burts Pit Road, Northampton,
Ma.

www.sugarloafmac.org smacrunning@yahoo.com 413 584-7725

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
39	30	9	-	-	13	12	7	6	1	-

W = previous winner of our race.

Wet course, about 45 degrees, misting makes for small field of runners. Volunteers: Sue Grant, April Grant, Gene Reilly, Jim Farrick, The Deans, Joseph Sayles, and Shawn Robbins.

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:44	David Degon	20		W His 3ed win this year!
2	18:05	Jeff Hansen	42		W Hesback! 1 st 40+
3	18:53	Aaron Stone	29		W
4	19:06	Patrick Rondeau	37		
5	19:09	Tim Lilienthal	33		
6	19:33	Frank Dejulius	29		
7	19:56	Aaron Judge	32		
8	20:10	Mattea Kramer	28	F1	1 st Woman
9	20:18	Rick Averill	30		
10	20:24	Nathan Santerre	31		
11	20:42	Apryl Sabadosa	28	F2	
12	20:51	Joseph Sayles	29		
13	21:11	Bill Dean	28		
14	21:21	Frank Bock	37		
15	21:50	Brian Nelson	32		
16	21:54	Walter Soriano	38		
17	21:57	Richard Clark	58		1 st 50+
18	22:20	Ben Turner	25		
19	22:42	Jim Farrick	48		470 races here
20	22:53	Dave Strassburg	42		
21	24:44	Melissa Matteson	41	F3	1 st 30+, 40+ Woman
22	24:46	Dennis Mathewson	43		
23	24:49	Cameron Geller	22		
24	25:00	Shawn Robbins	26		Perfect Time Prediction!
25	25:02	Joshua Dean	36		
26	25:06	Missy Zimmerman	29	F4	
27	25:27	Mark Dean	59		
28	25:53	Mike Gralenski	53		
29	25:57	Melissa Smith	34	F5	
30	26:18	Jess Dockendorff	31	F6	
31	26:24	Stacey Kaiser	28	F7	
32	26:58	Craig Regan	25		
33	27:06	Sydney Henthorn	53	F8	1 st 50+ Woman
34	27:33	Bryon Dailey	57		

35	28:09	Lee St. Louis	44		
36	28:41	Doug O'Connell	47		
37	29:42	Colleen Jablonski	34	F9	
38	31:34	Ed Dean	54		
39	37:00	Peter Stasz	64		1 st 60+