

SMAC INDOOR TRACK SERIES

NIEMIEC WINS THREE EVENTS, SETS NEW RECORD IN HIGH JUMP

Northampton - Jan. 12, 2014

Alex Niemiec of Chicopee put his legendary stamp on the first meet of the 2014 Sugarloaf Indoor Track season with three wins plus a new meet record in the high jump with a mark of 6' 8 1/2". Niemiec also posted the second best marks of all-time in winning the long jump with a 22' 4 1/2" and the 55 meters with a hand-timed 6.2.

For women, Amy Taintor of Storrs, Conn. won an amazing total of four events in the 55, 200, 400 and 800 meters.

HIGH JUMP

- 1. Alex Niemiec, 18 (MEET RECORD) 6' 8.5"
- 2. Trevor Lewicki, 18 (= NO. 10 ALL-TIME) 6' 2"
- 3. Jacob Clements, 15 (= NO. 10 ALL-TIME) 6' 2"
- Brandon Palmer NH
- JACK VECELLIO NH

LONG JUMP

- 1. Alex Niemiec, 18 (NO. 2 ALL-TIME) 22' 4.5"
- 2. Brandon Palmer, 22 (= NO. 5 ALL-TIME) 21' 11"
- 3. Trevor Lewicki, 18 19' 11"
- 4. Zachery Madera, 21 19' 6.5"
- 5. Zachary Delisle, 21 18' 1"
- 6. Michael Mailloux, 22 18' 6.5"
- 7. Joe Fois, 38 13' 3"
- 8. JACK VECELLIO, 10 11' 10.5"
- 9. A. SZARKOWSKI, 12 11' 9.5"
- 10. ZAC BAIL, 12 11' 9"
- 11. TRE, HAMILTON, 10 10' 9.5"
- 12. CHRIS VAYDA, 12 10' 0"
- 13. NATHAN DELISLE, 8 8' 5"
- 14. ROAN DUNKERLEY, 8 7' 8.5"
- 15. DONOVAN HILLSMAN 7' 4"
- 16. JACK GULOTTA, 8 6' 8.5"
- 17. COLE GULOTTA, 4 4' 1"

55 METERS

- 1. Alex Niemiec, 18 (= NO. 2 ALL-TIME) 6.2
- 2. Zachery Madera, 21 (= NO. 8 ALL-TIME) 6.3
- 3. Mark Doyley, 15 6.5
- 4. Trevor Lewicki, 18 6.7
- 5. Juan Fuentes III, 17 6.7
- 6. Darion Dawson, 17 6.8
- 7. Zachary Delisle, 21 6.9
- 8. Michael Mailloux, 22 7.0
- 9. Avi Sheldon, 19 7.4
- 10. Matt Dyer, 28 7.4
- 11. Anthony Giacomoni, 28 7.6
- 12. Jonathan Quinones, 25 7.6
- 11. Jyasi Watson, 13 7.6
- 14. Young Yoon Won, 13 7.8
- 15. Tom Gillen, 59 7.9
- 16. Joe Natalie, 58 7.9
- 17. ALEX SZARKOWSKI, 12 8.4
- 18. Dominic Rappazzo, 72 8.5
- 18. Richard Clark, 59 8.5
- 18. JACK DONOHUE, 12 8.5
- 18. ZAC BAIL, 12 8.5
- 22. JACK VECELLIO, 10 8.6
- 23. SHMARR JACKSON, 8 8.6
- 24. TRESHAUN HAMILTON, 10 8.7
- 25. JAVEN FOSTER, 9 8.7

- 26. QUINN CHEN-PHANG, 9 8.7
- 27. CAM SZARKOWSKI, 12 9.1
- 28. MARK GILLING, 8 9.2
- 29. Larry Libow, 64 9.5
- 29. TROY ARTIS, 9 9.5
- 29. JACK GULOTTA, 8 9.5
- 29. NATHAN DELISLE, 8 9.5
- 33. CHRIS VAYDA, 12 9.6
- 34. ROAN DUNKERLEY, 8 9.7
- 34. DONOVAN HILLSMAN, 8 9.7
- 36. JOHN MILNER JONES, 7 9.9
- 37. ELIJAH HILL, 7 10.4
- 38. NOAH KASULINOUS, 6 11.3
- 39. TYLER SPROEHNLE, 6 11.6
- 40. SAGE SPROEHNLE, 5 13.6
- 41. COLE GULOTTA, 4 15.1

200 METERS

- 1. Zachery Madera, 21 23.1
- 2. Mark Doyley, 15 23.5
- 3. Michael Koteleski, 18 24.8
- 4. Trevor Lewicki, 18 24.9
- 5. Zachary Delisle, 21 25.3
- 5. Johan Amaro, 17 25.3
- 7. Juan Fuentes III, 17 25.8
- 8. Philip Malm, 15 26.4
- 9. JACK VECELLIO, 10 32.8
- 10. JACK DONOHUE, 12 34.5
- 11. TRESHAUN HAMILTON, 10 37.5
- 12. JAVEN FOSTER, 9 38.2
- 13. QUINN CHEN-PHANG, 9 39.0
- 14. TROY ARTIS, 9 39.8
- 15. MARK GILLING, 8 40.8
- 16. ELIJAH HILL, 7 40.8
- 17. JOHN MILNER JONES, 7 40.8
- 18. JACK GULOTTA, 8 42.3
- 19. DONOVAN HILLSMAN, 8 45.0
- 20. COLE GULOTTA, 4 72.6

400 METERS

- 1. Mark Douglas, 15 53.6
- 2. Avi Sheldon, 19 54.1
- 3. U. Z. McGuinness, 17 54.6
- 4. Kaison Nifill, 17 54.8
- 5. Michael Koteleski, 18 55.1
- 6. Jesse Arevalo, 17 57.5
- 7. Joshua Lipinski, 29 57.9
- 8. Johan Amaro, 17 58.1
- 9. Juan Fuentes III, 17 58.7
- 10. Anthony Giacomoni, 28 59.3
- 11. Alejandro Heuck, 49 61.5
- 12. Young Yoon Won, 13 63.4
- 13. Tawos Wynn, 15 64.7
- 14. Joe Natalie, 58 65.7
- 14. Joe Fois, 38 65.7
- 16. Tom Gillen, 59 67.1
- 17. Jeffrey Bibeau, 25 65.5
- 18. Richard Clark, 59 70.3
- 19. Dominic Rappazzo, 72 71.6
- 20. ZAC BAIL, 12 73.0
- 21. Thomas Stracqualursi, 39 75.6
- 22. JACK DONOHUE, 12 77.7
- 23. ALEX SZARKOWSKI, 12 78.4
- 24. GRAM PEZZATI, 11 80.6
- 25. SHMARR JACKSON, 8 81.0
- 26. CHRIS VAYDA, 12 83.5
- 27. MARK GILLING, 8 86.0
- 28. CAM SZARKOWSKI, 12 86.4
- 29. TROY ARTIS, 9 88.1
- 30. NATHAN DELISLE, 8 88.5
- 31. JACK GULOTTA, 8 93.1
- 32. DONOVAN HILLSMAN, 8 93.4
- 33. ELIJAH HILL, 7 97.4
- 34. COLE GULOTTA, 8 200.0

800 METERS

- 1. Kaison Nifill, 17 2:11.3
- 2. Eyasu Michael, 18 2:11.7
- 3. Jason Ball, 17 2:13.6
- 4. Sean Comerford, 22 2:15.3
- 5. Ace McAlister, 17 2:16.1
- 6. Todd Simmons, 43 2:19.5
- 7. Matthew Remigino, 13 2:19.8
- 8. Phillip Malm, 15 2:24.8
- 9. DAN KRASEMANN, 12 2:23.5
- 10. Adam Kurdzel, 19 2:32.7
- 11. Allen Hall, 49 2:37.2
- 12. Joshua De Arce, 16 2:42.2
- 13. Jeffrey Bibeau, 25 2:43.8
- 14. AEDAN CULLEN, 12 2:53.3
- 15. Richard Clark, 59 2:51.7
- 16. William Hayman, 13 2:53.3
- 17. JACK DONOHUE, 12 2:53.7
- 18. Tom Stracqualursi, 39 2:55.2
- 19. GRAM PEZZATI, 11 3:00.2

MILE

- 1. Kent Gamme, 47 4:40.9
- 2. Daniel Brien, 18 4:54.6
- 3. Kaison Nifill, 18 4:54.9
- 4. Sean Comerford, 22 4:55.4
- 5. Matthew Remigino, 13 4:55.9
- 6. Jason Ball, 17 4:58.7
- 7. Matt Dyer, 28 4:59.5
- 8. Brian Rodowicz, 27 5:02.0
- 9. Tyler Keith, 22 5:02.6
- 10. Adam Bulewicz, 39 5:05.4
- 11. Edwin Kaczanski, 18 5:06.5
- 12. Michael Townsley, 45 5:08.0
- 13. Peter Skaza, 18 5:08.2
- 14. Christopher Gould, 48 5:09.0
- 15. Phillip Malm, 15 5:09.2
- 16. Jake Zina, 19 5:09.5
- 17. Alejandro Heuck, 49 5:10.3
- 18. DAN EL KRASEMANN, 12 5:13.2
- 19. Joe Fois, 38 5:15.1
- 20. Henry Domnarski, 15 5:24.4
- 21. Jeffrey Bibeau, 25 5:26.2
- 22. Jeff Hansen, 43 5:43.8
- 23. Allen Hall, 49 5:44.4
- 24. William Hayman, 13 5:45.6
- 25. Nico Gallo, 16 5:47.5
- 26. Ben Kimball, 42 5:49.8
- 27. Dan Brohan, 18 5:55.6
- 28. John Barresi, 50 5:59.4
- 29. ALEX SZARKOWSKI, 12 6:01.7
- 30. Matt Begin, 14 6:04.2
- 31. Richard Clark, 59 6:07.3
- 32. CHRIS VAYDA, 12 6:10.8
- 33. ZAC BAIL, 12 6:16.8
- 34. Jonathan Quinones, 26 6:19.6
- 35. Tom Stracqualursi, 39 6:20.2
- 36. Towas Wynn, 15 6:21.0
- 37. Jeff Fois, 64 6:27.5
- 38. JACK DONOHUE, 12 6:56.2
- 39. CAM SZARKOWSKI, 12 6:57.8

3000 METERS

- 1. Ace McAlister, 17 9:37.8
- 2. Chris Williams, 19 9:38.5
- 3. CHRIS VAYDA, 12 11:18.4
- 4. Ben Kimball, 42 11:21.2
- 5. Allen Hall, 49 12:55.5

WOMEN'S RESULTS

55 METERS

- 1. Amy Taintor, 17 7.5
- 2. Nina Marciano, 21 7.6
- 3. Sharnice Jackson, 13 7.7
- 4. Malayna Burns, 16 7.9
- 5. Angela Thibault, 17 8.0
- 5. Rielle Jones, 16 8.0
- 6. Destiny Bradley, 16 8.0
- 8. ASRA GRAY, 7 8.2
- 9. BRIAC DOYLEY, 11 8.3
- 10. Beky Herring, 17 8.4
- 11. Kayla Luciano, 17 8.5
- 12. Lauren Fitzgerald, 17 8.7
- 13. Apryl Sabadosa, 29 9.0
- 13. Meg Lavin, 15 9.0
- 13. MOLLY SCHLOSSTEIN, 10 9.0
- 13. JOHNIEE JONES, 9 9.0
- 17. ARIA GRAY, 7 9.1
- 18. Amanda Lloyd, 14 9.2
- 19. SAVANNA CHAROW, 12 9.4
- 19. AURELIA DOWNES, 8 9.4
- 21. BRIANNA CHAROW, 10 9.6
- 22. ANGALECE QUINONES, 8 9.8
- 23. NATALIE SHAW, 8 10.1
- 24. JAINNA PARROT, 10 10.3
- 25. MAEVE DUNKERLEY, 10 10.4
- 26. MOLLY BAIL, 8 10.8
- 27. NAOMI OLKIN, 9 11.8
- 28. EHAIA OLKIN, 6 12.4
- 29. BEATRICE GOULD, 9 13.4
- 30. ALESSANDRA GERMAIN, 6 15.9
- 31. EILIS OWENS, 3 19.1

200 METERS

- 1. Amy Taintor, 17 27.0
- 2. Nina Marciano, 21 28.0
- 3. Z'NIAH HUTCHINSON, 12 28.3 (age 10 - 12 record)
- 4. Sharnice Jackson, 13 28.7
- 5. Ninaysha Rivera, 15 29.3
- 6. Destiny Bradley, 16 29.8
- 7. Madeline Hayman, 15 31.4
- 8. Apryl Sabadosa, 29 32.9
- 9. Christal Vaz, 16 33.2
- 10. ISABELA SHEPARD, 12 33.3
- 11. ERJAC DOYLEY, 11 34.5
- 12. Aznane Mitchell, 16 35.2
- 13. SAVANNA CHAROW, 12 36.1
- 14. JOHNIEE JONES, 9 36.2

- 15. Meg Lavin, 15 36.8
- 16. Amanda Lloyd, 14 37.4
- 17. ARIA GRAY, 7 38.6
- 18. MOLLY SCHLOSSTEIN, 10 39.5
- 19. ASRA GRAY, 7 40.1
- 20. BRIANNA CHAROW, 10 40.4
- 21. AURELIA DOWNES, 8 40.5
- 22. ALESSANDRA GERMAIN, 6 53.8

400 METERS

- 1. Amy Taintor, 17 58.8 (NO. 3 ALL-TIME)
- 2. Z'NIAH HUTCHINSON, 12 64.4 (age 10 - 12 record)
- 3. Ninaysha Rivera, 15 65.9
- 4. Sonia Manuti, 17 66.8
- 5. Marissa Shaw, 14 67.1
- 6. Sylvia Lipior, 17 70.0
- 7. Sharnice Jackson, 13 70.9
- 8. ISABELA SHEPARD, 12 73.0
- 9. Apryl Sabadosa, 29 74.4
- 10. Rielle Jones, 16 75.8
- 11. Naomii Tetherly, 38 78.1
- 12. SAVANNA CHAROW, 12 80.0
- 13. MOLLY BEGIN, 12 82.5
- 14. ARIA GRAY, 7 83.6
- 15. AURELIA DOWNES, 8 84.1
- 16. MOLLY SCHLOSSTEIN, 10 86.1
- 17. ASRA GRAY, 7 86.7
- 18. Amanda Lloyd, 14 89.3
- 19. BRIANNA CHAROW, 10 91.7
- 20. NATALIE SHAW, 8 94.7
- 21. ANGALECE QUINONES, 8 1:41.1
- 22. MOLLY BAIL, 8 1:46.4
- 23. ALESSANDRA GERMAIN 2:09.5

800 METERS

- 1. Amy Taintor, 17 2:33.0
- 2. Apryl Sabadosa, 29 2:39.0
- 3. Madeline Hayman, 15 2:45.6
- 4. Lauren Fitzgerald, 17 2:47.5
- 5. Beth Krasemann, 40 2:50.1
- 6. Rachel Hall, 13 2:50.7
- 7. ISABELA SHEPARD, 12 2:57.4
- 8. SAVANNA CHAROW, 12 3:02.0
- 9. Emma Bernard, 19 3:13.6
- 10. Kayla Luciano, 17 3:19.5
- 11. MOLLY SCHLOSSTEIN, 10 3:22.7
- 12. BRIANNA CHAROW, 10 3:32.9

MILE

- 1. Apryl Sabadosa, 29 5:22.7
- 2. Melissa Stellato, 21 5:24.5
- 3. Rachel Lee, 21 5:30.6
- 4. Meaghan M-Hegarty, 32 5:37.9
- 5. Maecelina Hayman, 15 5:50.5
- 6. Beth Krasemann, 40 5:58.6
- 7. Dana Parrot, 44 5:59.6
- 8. Lauren Fitzgerald, 17 6:01.2
- 9. Jessica Sproehnie, 33 6:07.4
- 10. Sylvia Lipior, 17 6:16.4
- 11. Rachel Hall, 13 6:17.2
- 12. SAVANNA CHAROW, 12 6:24.9
- 13. CELESTINE OWENS, 10 6:59.6
- 14. ABIGAIL TOUHEY, 9 7:00.7
- 15. BRIANNA CHAROW, 10 7:06.3
- 16. Megan Lavin, 15 7:12.4
- 17. Amanda Lloyd, 14 7:32.9
- 18. Brionna Brown 7:50.9

3000 METERS

- 1. Rachel Hall, 13 12:54.6

LONG JUMP

- 1. Marissa Shaw, 14 14' 6"
- 2. Z'NIAH HUTCHINSON, 12 14' 1.5"
- 3. Jain Lattes, 37 12' 11"
- 4. Malayna Burns, 16 12' 4"
- 5. Rielle Jones, 16 11' 8"
- 6. JOHNIEE JONES, 9 11' 4"
- 7. OLIVIA VECELLIO, 12 10' 6.5"
- 8. Lynne Roberge, 44 10' 1"
- 9. MOLLY BEGIN, 12 9' 5"
- 10. Naomii Tetherly, 38 8' 11"
- 11. MOLLY SCHLOSSTEIN, 10 8' 4"
- 12. NATALIE SHAW, 8 6' 11"
- 13. MARINA THAYER, 6 5' 11.5"
- 14. MOLLY BAIL, 8 5' 11"
- 15. NAOMI OLKIN, 9 4' 0"
- 16. ELIANA OLKIN, 6 3' 4"
- 17. BEATRICE GOULD, 9 3' 2.5"

HIGH JUMP

- 1. Hope Werenski, 18 4' 8"
- 2. Beky Herring, 17 4' 6"
- 3. Jain Lattes, 37 4' 6"
- 4. Lynn Roberge, 44 4' 4"
- 5. Angela Thibault, 17 4' 0"