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SUGARLOAF MOUNTAIN ATHLETIC CLUB'S Date 5.19.15 NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES Race # At Community Gardens, Burts Pit Road, Northampton, Ma. **Total**

729

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Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
61	49	12	5	13	8	14	5	9	6	1

W = Winners of past races on our course (3). PR = Personal record performances here (8). Newbies (6). Weather: 70's and humid. Course: Trunk of a large (diameter 2+ feet), immoveable, newly fallen tree across the path, about chest height, approximately a quarter mile into the race. Runners lost many seconds dodging around it twice, resulting in slower times for everyone, but a slightly bigger challenge on top of the usual X-C mixture of: stops and starts, climbs and turns, abrupt changes of pace and place, charge and recharge, hang on, follow, lurch, lead and sprint!

Volunteers: Dennis Beaver, Julie Beaver, Alyssa Beaver, Tom Davidson, Bryon Dailey, Ron Boyden, Julie Petty and Ben Ferro.

RESULT OF LAND USE MEETING AT SMITH VOCATIONAL AND AGRICULTURAL H. S.: A ten-person committee has been formed by the Mass. Food and Natural ResourcesDepartment and Smith Vocational to consult with and advise the school on their land use policyin compliance with the school's 99 year lease of the land containing the roads and trails upon which our foot races are run.

Our club's chief concerns in mustering the 14+ runners and allies who spoke at the meeting were to secure the continuation of our race series on the course (which we have maintained for 29 years) and secure the protection of the public and farm workers from the many dogs brought to the farmland by their owners or dog-sitting companies, and turned loose - allowed to run wild, defecate on roads and paths, and in fields of hay and food crops, and assault men, women, children and other dogs whose owners obey the law and keep their dogs on leashes. We want the leash law posted and enforced. Of the 37 people who spoke at the meeting the majority spoke in support of our race. Thanks to the following runners who stood up and spoke up for the continuation of the best little cross-country race in all Northampton: Ray Willis, Dave Whitcomb, Suzanne Disessa, Gene Reilly, Sanjay Arwade, Norman Sproehnle, Carl Cignoni and James Lowenthal.

PLACE	TIME	NAME	AGE	Fs	REMARKS		
1	16:24	Brad Mish	27		WFastest win herethisyear		
2	16:44	Jesse Regnier	27		W		
3	19:19	Jason Beaver	14		1 st Teen		
4	19:28	Ed Parrot	44		$W 1^{st} 40+$		
5	19:31	Michael Dean	15				
6	20:11	Johnathan Dean	15		PR		
7	20:12	Eric Ciocca	37		PR		
8	20:17	Peter White	15				
9	20:23	Gareth Buckley	39				

10	20.26	C 11 C :	20	1	T
10	20:26	Colby Currie	30		
11	20:59	Ron Boyden	47		
12	1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		44		
	13 21:19 Davis Britland		17		
	14 21:19 Cameron Currie		28		
	15 21:29 Noah Andrew		15		PR
	16 21:50 Joe Sayles		32		
17	21:57	Dana Parrot	45	F1	1 st Woman
18	22:03	Calvin Rioux	15		PR
19	22:15	Joe Coon	15		
20	22:38	Kimberly Beaver	12	F2	1 st 12 or younger Girl
21	22:50	Lorenzo Bonino	30		
22	23:00	Tara Rasch	35	F3	N
23	23:19	Thomas Kurkulonis	13		PR
24	23:21	Jack Donohue	13		N
25	23:22	Ben Moss-Horwitz	14		N
26	23:34	Jesse Kurkulonis	9		N 1 st 12 or younger Boy
27	23:40	Dave Neely	35		
28	23:52	Alex Auclair	15		N
29	24:04	Dave Strassburg	35		
30	24:34	Nick Lebeau	26		
31	24:51	Bob White	67		1 st 50+, 60+ Man
32	25:11	Joan LaPierre	64	F4	1 st 50+, 60+ Woman
33	25:38	Frank McDonald	64		,
34	25:53	Ben Ferro	33		
35	26:22	Unknown	55		
36		Bob Welsh	71		1 st 70+
37	27:03	Spencer Beaver	38		
38	27:11	Brian Dailey	60		
39	27:37	Ed Buckley	57		
40	27:59	Gary Kelley	58		
41	28:04	Brett Costello	41	F5	
42	28:08	Abby Connell	23	F6	
43	28:27	John Stifler	68	1 3	
44	28:30	Shawn Robbins	28		
45	28:54	Steve Richardson	55		
46	28:59	Gordon Woodward	52		
47	29:49	Patti Mazeski	50	F7	
48	30:51	Dan Lavalley	33	1 /	PR
49	30:51	Ben Bishop	27		110
50	32:13	Ken Ventura	32		PR
			28		1 IX
51	32:26	Griffen Thoma	20		

52	34:50	Sarah Gibson	32	F8	
53	35:04	Sage Sproehnle	6		
54	35:05	Jessica Sproehnle	35	F9	
55	35:35	George Bishop	53		PR
56	36:24	Ed Dean	57		
57	36:37	Blanche Reading	11	F10	N
58	36:42	Julie Petty	57	F11	
59	38:53	Elaine Buckley	68	F12	
60	40+	Patrick Donohue	11		
61	40+	Josiah Boyden	13		