

Jones-Town & Country 10 MILE ROAD RACE



February 25, 2007 1:00 p.m. Amherst, Mass

START

Race will start at 1:00 p.m. at the Amherst-Pelham Regional High School. See course map on the reverse side for details.

ENTRY FEES

The pre-entry fee is \$20. Post-registration fee is \$25 and number pick-up will be held at the Amherst-Pelham Regional Middle School on Chestnut Street.

LONG-SLEEVE SHIRTS

Long-sleeve shirts will be given to the first 300 registered entrants. (Extra shirts will be available on race day for \$10.00 each.)

PRIZES

Cash Prizes for top three overall male and female finishers:

First place=\$100 Second Place=\$50 Third place=\$25

Bonus Prizes: Course record = \$300 Repeat winner = \$25

Awards will be given to male and female winners in the following age-group categories:

15 & under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69*, 70-79, 80 plus

*(Female 60-69 winner will receive Ilga Moore Award) **New this year: Prizes will be awarded to the top 3-person male, female and co-ed teams!!**

POST-RACE

Showers will be available at the Middle School. Post-race party will include food and refreshments.

DIRECTIONS

From East, West and South: take Mass Pike to exit 4, take 91 north to exit 19, go east (right) on Rt. 9 to Amherst center, go north (left) on South Pleasant Street and continue north on North Pleasant Street. Go past three stoplights, then take a right ont Chestnut Street. The Middle School is 0.4 miles on the left.

From the North: take 91 South to exit 20, take left at first set of lights to Damon Road, take left on Route 9 to Amherst (see rest above).

RACE SPONSORS







MORE INFO

For more info. contact Donna Utakis at (413) 253-7526, e-mail at donnautakis@yahoo.com or check out the SMAC website at www.sugarloafmac.org

MAIL ENTRY FORM TO: SUGARLOAF MT. ATHLETIC CLUB, BOX 379, HADLEY, MA 01035

Make checks payable to SMAC

Last Name

First Name

Address

City

State

Zip

Sex

15&under 20-29 40-49 60-69 80 plus
 16-19 30-39 50-59 70-79

T-shirt size: S M L XL

Team

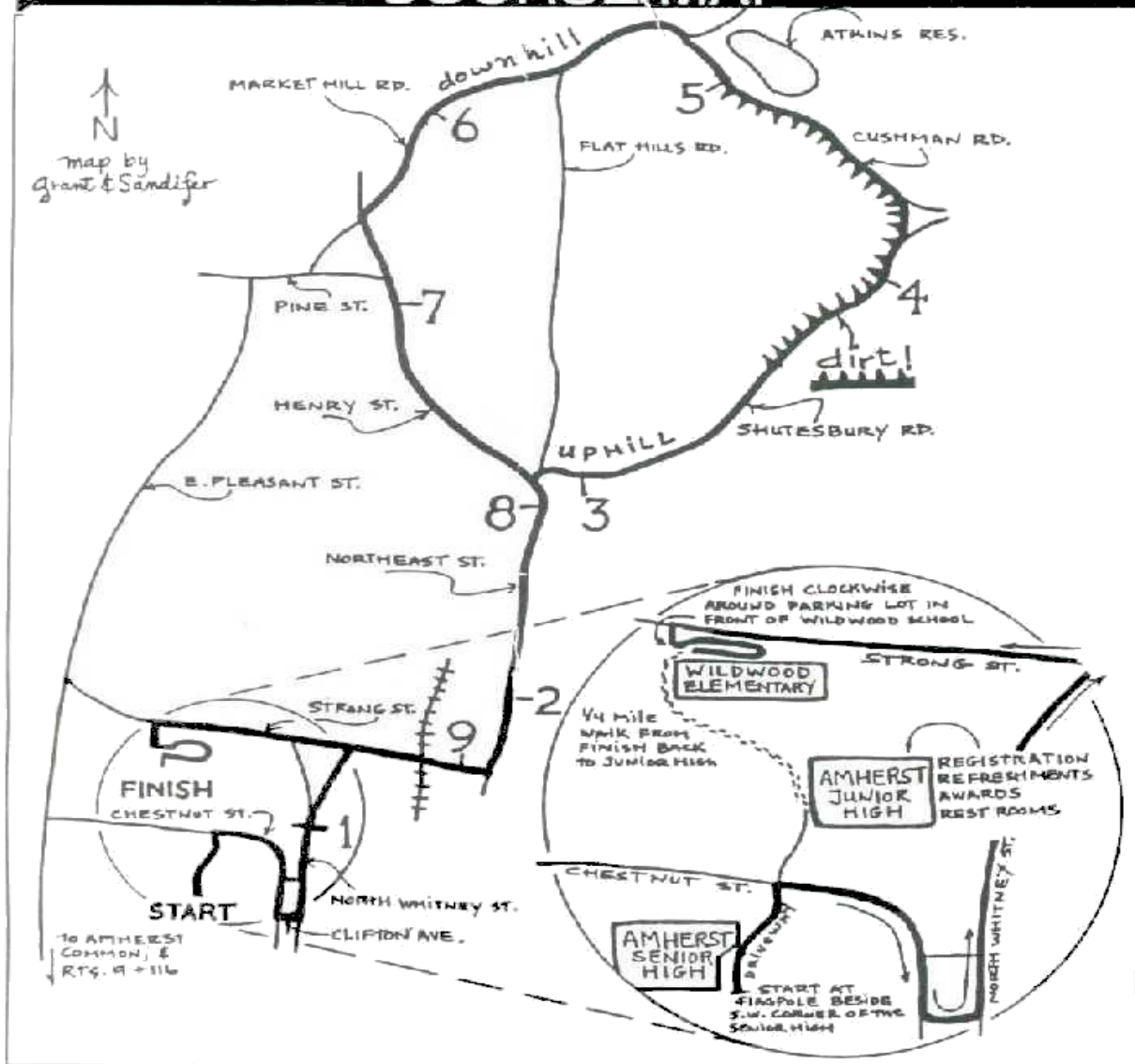
Age (on 2/25/07)

WAIVER: In consideration of my entry being accepted, and the grant of permission for participation in the above named race, I for myself, my heirs, executors, administrator, and assigns, do hereby and with full knowledge of the consequences for this act, waive and release any and all rights and claims for personal injury or other loss or damage which may arise from said entry and/or participation in this race, against any and all sponsors, backers, supporters, and contributors to this race, including but not limited to the Town of Amherst, the landowners upon whose property the course is laid, the race directors, organizers, administrators, officials, and volunteers, and the business sponsors and promoters of this race. I also understand that there are no refunds regardless of the circumstances including a cancellation due to poor weather as directed by town officials. USATF New England, Sugarloaf Mountain Club, and all of their officers and/or representatives shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature _____

Date: _____

COURSE MAP



PAST CHAMPIONS

1975	Bill Rodgers, Charlotte Lettis	1989	Wayne Jacob, Susan Hay
1976	John Dimick, Jane Weizel	1990	Steve O'Connell, Lisa Schmidt
1977	Paul Doiron, Merry Cushing	1991	Rick Doiron, Ann Bokman
1978	Tom Derderian; Charlotte Lettis, Dia Elliman Jane Weizel (tie)	1992	Dave Dunham, Nicole McGilpin
1979	Jack Vercollone; Dia Elliman, Jane Weizel (tie)	1993	Bob Hodge, Rebecca S. Woolley
1980	Mick Byrne, Nancy Conz	1994	Keith Matiskella, Mimi Corcoran
1981	Rolande Davide, Nancy Conz	1995	Fran Ireland, Nancy Conz
1982	Andy Palmer, Paul Gorman; Carol O'Connor	1996	Chris Bianchi, Cheryl Dube
1983	John Dimick, Nancy Conz	1997	Gary Giffen, Dana Goldfarb
1984	Bob Hodge, Patti Catalano	1998	Craig Fram, Dana Parrot
1985	Gary Nixon, Kathy Northrup	1999	Jesse Darley, Lynn Deninno
1986	Steve Snover, Nancy Conz	2000	Larry Sayers, Lisa Senatore
1987	Steve Snover, Kathy Northrup	2001	Dave Dunham, Emily Bryans
1988	Bob Hodge, Nancy Conz	2002	Paul Low, Seana Carmean
		2003	Erik Nedeau, Seana Carmean
		2004	Paul Low, Kelli Lusk
		2005	Paul Low, Kelli Lusk
		2006	Paul Low, Nicole Kulikov-Hagobian

COURSE RECORDS

Bob Hodge
48:57
(1984)

Nancy Conz
57:05
(1986)